

Rock Solid # 4 - Preschool

Lesson in a Word: Grow

What Should I See?

Jacob had twelve sons, but he liked Joseph the most (not a very good thing for a dad to have a favorite son, by the way). Joseph was given a unique coat of many colors as a special gift from his dad. Joseph's brothers were very jealous of him. Joseph also had dreams of his brothers bowing down to him. This made the brothers even angrier at Joseph. One day, while Joseph went to see his brothers in the field, his brothers decided to get rid of him. First, they threw him into a big hole called a pit. Then, they took him out and sold him as a slave to some traders. The brothers also took Joseph's coat, dipped it in goat's blood, and showed it to their father. The brothers wanted their dad to think that Joseph had been attacked by a wild animal. (Source: Genesis 37)

Memory Verse:

Because anger will not help you live the right kind of life God wants. James 1:20
NCV

What's The Key?

The brothers' anger caused them to hurt Joseph and lie to their dad. When we get angry, we can do a lot of things that God doesn't want us to do. If these actions aren't pleasing to God, they certainly won't make us happy or able to live a good life. We need to grow up and learn self-control so our anger doesn't get the best of us.

What's That To Me?

Sometimes when we get mad we not only hurt God, but we can hurt ourselves and others as well. God can help us grow up by teaching us to show love to others instead of showing anger.

How Should I Be?

When we feel angry, we need to pray and ask God to help us say and do the right things. We can also pray for the person who makes us angry. By asking God for help, it will encourage us to focus on God rather than our anger.

Practice Point:

Don't let anger take a hold,
It's time to practice self-control!

Week #4:

“Because Anger will
not help you live the
right kind of life God
wants”

James 1:20 NCV

Grow Up!

Friday – Read the Bible story to your child:

Joseph and His Brothers

Jacob had twelve sons, but he liked Joseph the most (not a very good thing for a dad to have a favorite son, by the way). Joseph was given a unique coat of many colors as a special gift from his dad. Joseph's brothers were very jealous of him. Joseph also had dreams of his brothers bowing down to him. This made the brothers even angrier at Joseph. One day, while Joseph went to see his brothers in the field, his brothers decided to get rid of him. First, they threw him into a big hole called a pit. Then, they took him out and sold him as a slave to some traders. The brothers also took Joseph's coat, dipped it in goat's blood, and showed it to their father. The brothers wanted their dad to think that Joseph had been attacked by a wild animal.

(Source: Genesis 37)

Saturday – Memorize Bible verse with your child:

“Because anger will not help you live the right kind of life God wants” James 1:20 NCV

Sunday – Pray with your child:

It's hard to listen when we are distracted. When we pray, we close our eyes so we are not looking around. We fold our hands so we are not busy playing with toys.

Dear Jesus, Help me to control my anger and grow up to do good things. I know I can count on You to help me. Thank You for giving me strength each day. Amen.

Monday – Play “Grow Up” with your child:

Say to your child, “When I grow up, I want to be...”

- a. an astronaut – make rocket noises
- b. a race car driver – make car sounds
- c. a ballerina – dance and twirl around
- d. a zoo keeper – make animal noises
- e. like Jesus – give everyone a big hug and say “I love you”

See how many different jobs you can come up with and act out.

Tuesday – Be with your child:

Has there been someone that your child has been angry with this week? Maybe a friend or a sibling? Help your child make a card for that person to tell them that they are sorry. Have your child draw a picture of something that they know that person likes, and have your child give it to them.

Saturday – Memorize Bible verse with your child

TALK TO US! WE WANT TO HEAR FROM YOU!

(We will remove and keep this form. No one will see this except for your Kids Rock teacher. **You must turn this in to receive all points for turning in your packet.** Answers may be as short as one sentence, but please write SOMETHING and be honest! You do not have to have a prayer request, comment, and question. Circle at least one each week though; even if you just circle 'comment' and write, 'I liked Tuesdays activity.' *Parents of preschoolers and kindergarteners:* You can help your child write their answers and / or give us your thoughts.)

Name (First and Last): _____

How has God spoken to you this week?

How have you responded to what He has said?

I HAVE A...
(circle all that apply)

Prayer Request

Comment

Question

Please write your prayer requests, questions and/or comments on the back.

Thanks for coming to Kids Rock this week!
We had a great time. We hope you did too.
We will see you next time!